

Celebrating Social Workers

Shirley Pulkkinen, MSW, RSW

Guest Editor & Renal Social Worker, Sault Ste. Marie, ON

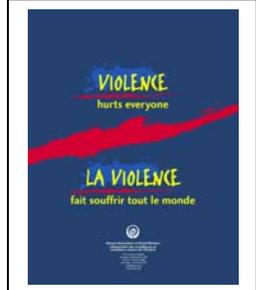
Although our CANSW conference is our opportunity to share and celebrate our unique professional group, March is officially the month in which we celebrate Social Work Week. This year's National theme is "Advancing and Strengthening Communities", a theme which all renal social workers commit to on a daily basis. Please celebrate with other social workers in your community and share with them the experience and impact of kidney disease so that they too can share their world with you. It is our partnerships and connections with others that help our patients navigate systemic channels and hopefully find the internal and external resources required. Please also celebrate your profession with other colleagues in the health field and with the caring people at the Kidney Foundation to continue to strengthen the ties that bind us. Our strength is our ability to understand complex relationships. We must use our talents to advocate for change, for justice, for equality and for peace. And in case someone hasn't told you lately, *you're doing a GREAT job!* Be proud that you're a renal social worker. Check out page 8!

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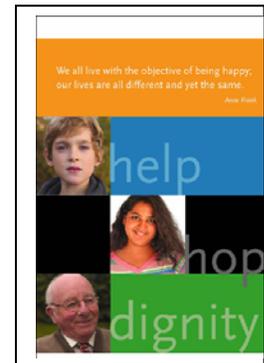
Ontario
2006 Poster

**"Violence
Hurts
Everyone"**
www.oasw.org



British Columbia
2006

**"Fifty Years of
Making a
Difference: Our
Path Continues",
&
"Celebrating the
Profession of
Social Work"**
www.bcasw.org



Collectif pour un Québec sans pauvreté



Quebec www.optsq.org

Visit these other

Canadian Social Worker Associations

Alberta www.acsw.ab.ca

Manitoba www.maswmirsw.ca

New Brunswick www.nbasw-atsnb.ca

Newfoundland & Labrador www.nlasw.ca

Northern Canada www.socialworknorth.com

Nova Scotia www.nsasw.org

Saskatchewan www.sasw.ca

HAPPY SOCIAL WORK WEEK CANSW

A NOTE FROM THE PRESIDENT.....

Happy Social Work Week CANSW!!!! I have spent quite some time trying to write something profound, something rather inspiring and figured out that the harder I tried the less likely it is to happen. I guess if I can offer any Presidential words of wisdom it is that, to quote John Lennon, "Life is what happens when you are busy making other plans". Never have I been privy to experiencing this as much as I have in the past months both in my professional and personal life. It is too easy to get caught up in the day to day of our jobs, of our lives and too easy to forget to appreciate life's moments. I am beginning to have a sense of "what to do" in the Presidential capacity although I am constantly being reminded to breathe and I am way behind on my email (sorry folks).

Work is continuing at the Executive level with defining the Strategic Plan for the next two years. We require the cooperation of the membership to assist with several activities and further communication will be forwarded on this in the future. And even though it is only March, we already must think ahead to our fall Annual General Meeting and all of the requirements of that assembly. We are still searching for an Editor or a pair of co-editors for the VOICE and I look forward to any inquiries. Our thanks and goodbye goes out to Colleen McShea, Regional Rep in Alberta who has gone on to another job outside of renal. Also, the Conference Committee is putting together what looks like another wonderful conference in Ottawa and I look forward to enjoying all of their efforts and meeting many of you there.

I read with great admiration the communications on the Listserver and feel honoured to be a part of such a passionate group of social workers. I am not surprised though because as Nephrology Social Workers we are definitely special (yes I am tooting the CANSW horn). I am proud of all of you! Please, keep inspiring me....and don't miss out on life!!!

Until next time,

Sonya Solman CANSW President
solmas@nbgh.on.ca

WEB ADMINISTRATOR UPDATE

Gary Petingola, BSW, RSW, Sudbury, ON

The website started with a bang but needs your help to keep it from fizzling. We are in the midst of trying to get the CANSW "Toolbox"/Resource library developed and it would be helpful if you would continue to forward current useful resources, letter formats etc....to me for posting. The CANSW conference area highlighting Ottawa 2006 will begin to also take shape shortly. With regards to the List Server it has been nice to see the province identified in the subject header more frequently as a means of helping CANSW members pick and choose to open emails. We have received some suggestions of trying to set up individual provincial list servers for CANSW members but this is not an option using our current service provider the National Kidney Foundation, USA. We are however examining this closely trying to come up with an option helpful to all.



"The world is moved not only by the mighty shoves of the heroes, but also by the aggregate of the tiny pushes of each honest worker." --Helen Keller

NEWS FROM EASTERN ONTARIO

Submitted by Sylvia Jurgutis, MSW, RSW
Ottawa, ON



Eastern Ontario is quite a large region that includes Nephrology programs in Ottawa, Renfrew, Barry's Bay, Belleville, Brockville, Kingston, Smiths Falls, Picton, Cornwall, and Winchester. As a group we meet every few months via "Care Connect" videoteleconferencing. These meetings have been a good way for us to connect with one another and share issues. The following summarizes some of our news.

News from The Ottawa Hospital- One of the initiatives that we are quite proud of in Ottawa is the development of our Advance Directives program. Last October we completed our second training session to train nurses & staff on advance directives. We trained staff from Hawksbury, Cornwall, Winchester & Ottawa. Once trained, the staff are expected to return to their units (home dialysis & hemodialysis) to start discussions with people who are on dialysis. This has been going well after some initial revisions.

In October 2005 we had our first **Memorial Service**. It was a time consuming endeavor for those social workers who organized, but also a very rewarding experience. We invited family, friends and staff to attend an evening service. We held it in the evening in a beautiful old room at the Hospital. Because we had never had anything like this before, we decided to include deaths from January 2004 until October 2005. Our non-denominational service had a few readings and music. We announced the names of our patients who had died over the specified time period. During the reading of the names, we had staff from the unit place a flower in one of three vases while we played music. Staff from the unit (including Nurses, Doctors and Social Workers) attended and we had a Chaplain assist with the service. We received wonderful comments from the family and friends who attended. We hope to make this an annual event.

Money, Money, Money.... A fund was recently created for patients in our program to help with transportation expenses. To be eligible for this fund, a patient must meet certain criteria. The fund is for patients who need to come to The Ottawa Hospital temporarily (i.e. patient not stable enough for their own satellite unit; out-of-town patients waiting to be transferred to a satellite, out-of-town hemo patients waiting to start CAPD). The maximum a patient can receive from the fund is \$18/trip (up to 1 month). The fund is also available for transplant work-up patients up to \$15/trip (max. of 5 trips). The criteria were set-up this way due to the uncertainty of the fund. A patient cannot receive assistance from both this Renal Fund and the Kidney Foundation.

Ottawa is also busy planning for **CANSW's upcoming fall conference**. We have four Social Workers in this region on the planning committee who are busy organizing what looks to be a wonderful conference (look for the article by Julie Regimbald). The Home Hemo dialysis unit is now training two people on home hemo at one time (this is mainly because of the demand & waiting list). The goal is to have 30 people on home hemo by year's end (currently there are 19).

We have hired a new Living Donor Transplant coordinator who is getting oriented at the present time. We are hoping to increase the number of living donor transplants in the coming year.

As in all areas of the country, the hemo units in the area are full, creating stress for both patients/families & staff. Scheduling becomes an issue as it is hard to find an appropriate schedule for all of the new patients starting on dialysis. There are elderly patients who come from out-of-town who are given evening times. There have been numerous complaints. It has been difficult to accommodate requests and transfer patients to home satellite units.

News from CHEO (Children's Hospital of Eastern Ontario) - Caroline Royer-Merrett is presently replacing Kirstie Davis, (who is due to commence her second maternity leave in March 2006). Caroline's contract has been tentatively extended until April 2007, when Kristie is due to return. CHEO presently has two adolescents being considered for the home dialysis program, which would drastically improve their quality of life. Our nephrologists are hoping to refer more of our mature adolescent dialysis patients to this program in the future.

CHEO has also commenced a two-step strategy towards a "smoke free" hospital. As of January 2006 there has been no smoking permitted with the exception of a designated area. Several cessation programs have been offered by administration in hopes of assisting staff. By April 2006 our hospital should be 100% Smoke Free!! This has been difficult for some of our families who have utilized smoking as a method of stress reduction, as they struggle with their children's illnesses. This has presented an opportunity for families to explore healthier coping methods, which hopefully continue in the household. Tobacco's harmful second-hand effects exacerbates illness in sick children. This initiative will surely benefit all of CHEO staff, patients and families, not only our nephrology population.

News from Cornwall - There are two hemo units in Cornwall. One is the Cornwall Dialysis Clinic, a community-based centre funded through Fresenius. The other is an Ottawa Hospital satellite located at the Cornwall Community Hospital. The two units comprise a total of 20 stations serving approximately 80 patients. This capacity enables most people who are stable patients to receive treatment locally and helps to eliminate the financial, physical, emotional, and social burden of regular travel to centres in Ottawa. Social workers are members of the health care team at both sites and communicate and work with their social work colleagues in the rest of Eastern Ontario on a variety of issues. There is also a strong linkage with the Kidney Foundation, in particular the Patient Services Committee.

News From Kingston General Hospital – KGH is busily preparing for the opening of the Bancroft Dialysis Clinic. It is a 6 station unit and there are currently 14 patients from the area dialyzing in Kingston, Peterborough and Barry's Bay who will welcome the opportunity to dialyze close to home. Recruitment of nursing staff is currently underway and hopefully the clinic will be open soon.

News from Renfrew- Michelle Riopelle has resigned from her position, we wish her luck and are anxiously awaiting her replacement.

NEWS FROM SOUTHERN ONTARIO

Submitted by Debbie Hodgins, MSW, RSW
Windsor, ON



We have had two regional meetings since the last report. On September 30/05, Soldiers' Memorial Hospital in Orillia hosted the meeting. Susan Nagy from the Alzheimer's Society provided an overview on Alzheimer's disease. The minutes of this meeting were posted on the website for the membership's perusal. The stages of progression of Alzheimer's as well as a list of handouts are available.

On February 17/06 the regional meeting was hosted by Credit Valley Hospital in Mississauga. Guest speakers were: Ethel Doyle, Program Advisor, CKD program, Ministry of Health – Long Term Care, Hospital's Branch and Natalie Diduch, Program Consultant, Ministry of Health-Long Term Care, Home Care and Community Support Branch. They provided the group with information

on the Provincial PD Joint Branch Initiative. The goal of this initiative is to move towards increasing the use of PD in Ontario to 30% by 2007/2008. The committee seeks to :

- Create a standardized PD service delivery model within the CKD Model of Care Expectations document
- Develop an implementation plan to further enhance PD services in Ontario
- Advise on agreements between CKD regional centers, CCACs, and LTC homes

There is CANSW representation on this committee. For members who were unable to travel to attend this meeting, teleconferencing was made available. The minutes of this meeting will be available on the website. The next regional meeting has been scheduled for June 2, 2006, with Halton Health Care in Oakville offering to host.

Ontario social workers have identified a provincial issue that provides an advocacy opportunity for CANSW. The executive has requested that the Ontario Regional Reps, with collaboration from the membership, draft a response to changes made to the Ontario Disability Support Program (ODSP) diet forms. These changes have significantly impacted our renal patients, some with a decrease in their funding up to 35%. The Ontario Renal Dietitians are also working as a group & will be submitting a letter to the Ministry of Community and Social Services. A subcommittee has been formed and will begin working to advocate for our patients. All Ontario Social Workers are encouraged as well, to submit letters directly to their local ODSP branch.

NEWS FROM NORTHERN ONTARIO

Sault Ste. Marie - Continues to have substantial growth in the CKD Clinic with 75% of the 1000 CKD patients being Stage 3-5. With only 1 full-time nephrologist (and 1 semi-retired), along with 1 social worker and 1 dietitian staffed at 1990 levels, we have great challenges in meeting the education and health care needs of these patients and families along with the 100 dialysis patients and 40 post-transplant patients. Crisis management has taken over case management. Our community of 74,000 continues in being challenged by a shortage of family doctors (over 10,000 of our residents are without a family doctor) as well as a shortage in all specialists (including nephrologists and psychiatrists).

Timmins - The opening of a dialysis satellite unit at the Weeneebayko General Hospital in Moose Factory (Dec'05).(a satellite of Kingston General Hospital) has permitted two of our patients to transfer to be closer to their families. We all know how difficult it is for these individuals to have to leave their communities, their families, their surroundings and the hub of their culture. The unit has 3 chairs at this time, running two shifts, three times per week. The Minister of Health has promised funding for three more spots. Once this funding is received they will be open for transient visits.

Sudbury --- The Hôpital régional de Sudbury Regional Hospital (HRSRH) celebrated the expansion of its Nephrology Services by announcing the addition of six dialysis stations at the Laurentian Site. The total of dialysis stations at the HRSRH is now 31. Many patients from Sault Ste. Marie, Timmins and North Bay come to Sudbury for other health needs as well as requiring dialysis. The program currently provides care to 590 patients in northeastern Ontario, including 150 patients who receive dialysis at the Laurentian site alone. Satellite dialysis units are located in Kapuskasing, Kirkland Lake, New Liskeard, Parry Sound, Little Current and Elliot Lake. The \$1.2 million expansion allows the Regional Nephrology Program to fulfill its mandate as a Regional Service until the new one-site hospital is complete, at which time plans call for an additional six dialysis stations.



The foundation of kidney care.

TOGETHER
WE CAN MAKE A DIFFERENCE

UPDATE

National Patient Services Committee Kidney Foundation of Canada

Committee Purpose:

To provide leadership in the development, implementation and evaluation of patient services within the Foundation, that are national in scope.

Update on Activities:

A number of CANSW members were involved in reviewing and updating the *"Living with Kidney Disease"* manual. Revisions have been completed and delivery of the newest English addition is expected in April 2006, with the French version by the end of the year. Significant content has been added to the manual including a new section on the five stages of kidney disease and a section on self-management. In 2005, the Foundation distributed approximately 12,000 manuals, an increase of 40% from 5 years ago. To address this increased demand (and cost), the NPSC is recommending that a CD/DVD format be developed. The manual will continue to be available in hardcopy, and is also accessible on the Foundation website.

I'm sure you are all aware that the *Choosing to Stop Dialysis Brochure* is now in print and available in renal units across the country as well as on the Foundation's website. Once again thank you to my CANSW colleagues who were instrumental in helping to put this brochure together. This leads me to our next project, a brochure entitled *"Conservative Treatment - Choosing Not to Start Dialysis"*. Again, a number of our colleagues provided input and feedback. Special thanks to Shirley Pulkkinen, who formatted and edited for us. I expect the brochure to be available by the fall.

The NPSC put together a presentation and recommendation to the National Board of Directors to make *Peer Support* a Core Program within the Foundation. In this way, every patient in the country is ensured access to peer support if they so wish. The Board approved this recommendation in November and the National Peer Support Telephone Line went live in January. Anyone who phones this number will automatically be routed to the peer support program nearest to them based on area code.

**The number is 1-866-390-7337
(1-866-390-PEER)**

Lastly, the Foundation focus has expanded to include a much broader spectrum of "constituents" addressing issues of not only earlier detection of kidney disease, but education regarding healthier living to prevent kidney disease. The NPSC continues to work towards more accessible and user-friendly education to meet the Foundation's new mandate.

Respectfully submitted

Doug Parsons,
Chair National Patient Services Committee
Kidney Foundation of Canada

(Editor's note: Doug Parsons is a renal social worker at London Health Sciences Centre, London, ON who volunteers a lot of his time, including at the Kidney Foundation).

CANSW 28th Annual Conference Ottawa, Ontario

The conference plans are coming along well! CANSW's 28th Annual Conference will be held from **September 27 to 29, 2006** at the **Novotel Hotel** (Albion A & B Rooms) in **Ottawa, Ontario**, a city rich in cultural life and heritage. Nestled on the banks of the Ottawa, Rideau and Gatineau Rivers, it is the fourth largest urban area in Canada and is recognized in the world as a tourism and convention destination. Over seven million visitors are welcomed each year.

The theme this year is “**Self-Management: The Key to Successful Partnerships Between Persons with Kidney Disease and Their Social Workers**”. Our keynote speaker will be Dr. Patrick McGowan, MSW, PhD, Associate Professor at the University of Victoria Centre on Aging. His presentation will focus on the definition of self-management and how social workers can apply principles in their practice, therefore helping people become empowered to better manage their day-to-day lives. Dr. McGowan will present on Thursday Sept 28 in the morning, followed by lunch, the AGM and roundtable discussions. The following day is reserved for presentations from our members. Please respond to the call for abstracts/presentations in this edition of the VOICE.

Guestrooms have been reserved at Novotel, as well as the connecting Les Suites Hotel (for 3 or more people wishing to share). An airport shuttle is available to these hotels. For more information on the hotels, please visit www.novotelottawa.com or www.les-suites.com. Our venue is located within walking distance of the Rideau Shopping Centre Complex, the Sparks Street Mall, the By-Ward Market with many restaurants, pubs, local artisans and grocers' shops and boutiques, Parliament Buildings, Rideau Canal, the National Art Centre, The National Gallery of Canada, The Royal Canadian Mint, Ottawa Riverboat Cruises, The Trans Canada Trail and the Downtown Business District. Further tourist information can be found at www.ottawatourism.ca.

Great attendance is anticipated at this year's conference and we hope to see as many of you as possible. CANSW recognizes that, at times it may be financially difficult at times for members to attend a conference and would like to remind you of the financial assistance policy and process on the Members' only section of the website (www.cansw.org). You may also wish to contact Sonya Solman, CANSW President for further information.

The conference brochure will be available in early summer with additional information. Plan to bring your family to the Nation's capital!

Julie Régimbald, Ottawa Hospital, Ottawa, ON, *Conference Committee Chair*



Other members of the CANSW Ottawa Conference Committee include:

Diane Boisjoli, Ottawa Hospital, Ottawa, ON
Janelle Boulianne, Ottawa Hospital, Ottawa, ON
Mary Joan Brinson, Kingston General Hospital, Kingston, ON
Linda Church, Vancouver Island Health Authority,
Royal Jubilee Hospital, Victoria, BC
Sandi Robinson, Vancouver Island Health Authority,
Royal Jubilee Hospital, Victoria, BC

A Real Renal Social Worker

It's amazing how much we social workers, particularly renal social workers, have in common ALL across Canada, despite our differences in population groups, geography and cultures. As guest editor, I polled some of our CANSW members recently and asked them to give me an answer to "You Know You are a Social Worker when" and "You Know You are a Renal Social Worker when....". Here are the responses. If you find yourself smiling and nodding in agreement, or, even laughing in embarrassed self-awareness, you must admit that we are a unique group of professionals that have wonderful qualities that we can celebrate. You will probably recognize some truth to the comments (if you haven't, then you are just reading this because you are related to one!!!)



You know you're a social worker when

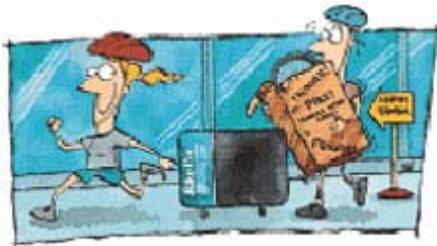
- you stop and try to help people who haven't even asked for help.
- you are easily bored unless you receive a minimum of 20 pages on your beeper per day - most of which are for transportation (or teeth!)
- the reason for referral is "to cheer them up"
- you start asking complete strangers how they are coping.
- your kids tell you "Mom, I am not one of your patients"
- you tell your kids "Don't lie to me, I'm a social worker trained to observe incongruencies and I will catch you"
- people start telling you their life stories in the grocery line.
- you are the only one who stops to talk to the guy on the street corner wearing a helmet covered in foil and talking to himself.
- you seem to have a sign on your head that says "tell me your problems" outside of work.
- your non-social worker spouse knows terms like "codependence" and "enabling"
- you have a healthy addiction to Tim Horton's coffee (or any coffee shop)
- people ask "do you have a minute" and you know that your next 1/2 hour is gone
- you purchase your office Kleenex in "bulk"
- people know that they can find candy in your office as well as blank note cards
- you try and find something positive in everybody, even though you secretly don't really want to
- your own family issues (and those of friends) first get defined and explored thru psychiatric terms like "undiagnosed personality disorder"
- you have to retire a year early to stay sane
- chocolate is considered a legitimate food group and non prescription antidepressant all in one



You know you're a renal social worker when..

- even though you know that chocolate is considered a legitimate food group and non - prescription antidepressant all in one, you check to see if the patient has K+ or Phos restrictions
- you watch your salt intake and feel guilty drinking anything within view of dialysis patients
- you hide your bananas from the patients
- your normal blood pressure is 210/150 sitting (you secretly hope your glomeruli aren't aware of this)
- your son says "Mom, you can stop applauding every time I go pee...I'm 12 now"
- you have nightmares about "Nurse Betty" cannulating you wrong
- it is an unusual day when you arrive to work and there is not a lineup outside your office door
- you can easily balance talking on the phone, reading emails, completing a transplant assessment and organizing your Kidney Foundation petty cash all at the same time
- you start looking forward to October because it's the CANSW conference
- you ask your family doctor what your CR and GFR are.
- you check out people's ankles no matter where you are to see if they have fluid on board
- you scan the obituaries to find out who has directed donations to the Kidney Foundation (or to the Renal Unit!)
- people tell you that they have to go bathroom and you respond "I'm REALLY happy to hear that", and you really ARE happy
- you get a referral to see a new renal patient, your first question is "how old are they and are they diabetic?"
- you know exactly what the acronyms PRI, CKD, MI, DM, CAD, ESRD, PVD, COPD, ER, ICU, KFOC, CPP and EI all stand for
- all you dream about are taxi vouchers
- the new nurses in the dialysis unit ask if you're the paratransit guy
- you spent more time at the Kidney Foundation than you do in the pub!! - or with your family!!
- you start to plan the holiday party the day after you just had one
- you cut and paste, literally, to advertise info for patients
- you consider the casino slot machines to be therapy for exercising a newly created fistula
- you know you have a huge network of allies in CANSW that understand "a day in the life of a renal social worker" and your black humour





Hints on Finding Dialysis Facilities

Although the CANSW listserver may seem to be an easy way to find dialysis units, it does clog up the system unnecessarily with the search for our travelling patients. Try these following hints:

For Canadian Units

- 1) Download a current PDF copy of the CORR Directory at the Canadian Institute for Health Information site at http://secure.cihi.ca/cihiweb/dispPage.jsp?cw_page=RC_4_E. You will be asked to fill in a electronic form and then you can download a FREE copy of the 163 page document right onto your computer. You can even create an icon on your desktop (computer screen) to directly open the document ANY time you need. If you wish to purchase a hard copy of the CORR Directory, it is also on the website for \$30.00. The CORR Directory is updated yearly, has the name, address, phone number, contact persons and medical directors' names all at the click of your fingertips.
- 2) Go to the CANSW website at www.cansw.org and click in on the Members Only Section. Insert your user name and password, then go to the Membership where you will find the provinces listed. Choose your province then scroll down to see the city you are interested in. If your city isn't located, it may be helpful to check a map to see which city is closest then contact the CANSW member in that city. For even greater ease, print off a hard copy of all CANSW members by clicking off and printing "entire membership list". This list is updated yearly.

For International Units (and Occasionally Some Canadian Units)

- 1) The NKF's website has a great resource called Nephrology Social Work Archive (also found in a link on your own CANSW website). There is a section called "Renal Unit-Travel" which lists several websites to search for a unit. These links include the following:

www.nephron.com/statesinfo for Dialysis Units in the USA

www.medicare.gov/Dialysis/Home for a comparison of dialysis facilities in USA

www.dialysisfinder.com to search for US dialysis centers

www.eurodial.org to search for International dialysis centres (including Europe, South America, Asia and Australia)

www.globaldialysis.com to search for International dialysis centres

www.hditravel.com to search in Holiday Dialysis International

Remember to save a copy of this page for those future trips. Hope this helps in finding the right dialysis unit!

A Brand New Look!!



The foundation of kidney care.

On February 24, 2006, The Kidney Foundation of Canada unveiled its new brand identity: The Kidney Foundation of Canada - the foundation of kidney care. The new tagline was created to reflect the broadening of the Foundation's mission to embrace all aspects of kidney care - from earliest prevention to the management and treatment of individuals affected by kidney disease. It provides a unifying theme, drawing together the Foundation's programs and marketing communications under the universal banner of kidney care.

This tagline is the starting point of a new re-positioning campaign that will build greater awareness of our commitment to the estimated 2 million people in Canada who have kidney disease,

or at are risk. We've also launched a new national Web site – www.kidney.ca - and a new print campaign entitled "We're behind you all the way" that will be distributed to all media outlets throughout the month of March, Kidney Health Month in Canada.

1st World Kidney Day - Thursday March 9, 2006

The International Society of Nephrology (ISN) and the International Federation of Kidney Foundations (IFKF) have jointly launched a World Kidney Day to:

- Increase awareness of chronic kidney disease and its associated cardiovascular morbidity and mortality, and
- To draw attention to the urgent global need for early detection and prevention of chronic kidney disease.

Each year World kidney Day will be held on the second Thursday of March, beginning with Thursday March 9, 2006.

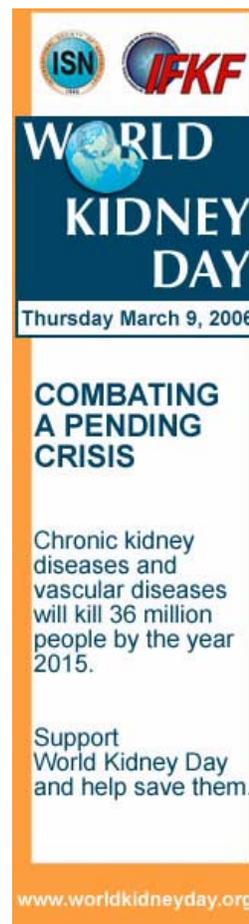
Early Detection and Prevention is the theme for the inaugural World Kidney Day.

The principal focus of World Kidney Day (WKD) is to raise awareness among general physicians & primary healthcare professionals of the role of the kidney as a risk marker in related chronic diseases (ie. diabetes and cardiovascular diseases) and the pressing need for early detection of any form of kidney impairment.

Early detection can be accomplished through systematic testing for serum creatinine or urine albumin – particularly in high risk individuals such as those over 50 or in individuals who are obese; who smoke; who have diabetes (or a history of diabetes in the family) or have hypertension.

<http://www.worldkidneyday.org/>

Chronic kidney diseases and vascular diseases will kill 36 million people by the year 2015



CANSW 2006-OTTAWA CALL FOR ABSTRACTS AND POSTER PRESENTATIONS

We are inviting CANSW members to submit abstracts for presentation at the Annual Conference in **Ottawa, Ontario, September 27-29, 2006**. Our CANSW membership has voiced the wish to have more expertise presented from our professional group. A small honorarium of \$100 is provided for all accepted oral presentations and \$25 for original poster presentations.

If you are performing research or are involved in the development or enhancement of any aspect of Renal Social Work and would like to share your findings/progress with your peers, please submit the following information:

ABSTRACT AND POSTER PRESENTATION

Please indicate what type of presentation you are submitting:

- Oral Presentation on the Research/Program
- Poster Presentation on the Research/Program

Title:

Synopsis of the Presentation:

Handouts:

Equipment Required:

Presenter:

Hospital:

Address:

Deadline: April 1, 2006

Submit to: Mary Joan Brinson, MSW, RSW
Renal Social Worker
345 College Street East
Belleville, Ontario
Belleville Dialysis Clinic
K8N 5S7
Phone: (613) 966-2300
Fax: (613) 966-8943
Email: brinsonm@kgh.kari.net

CALENDAR OF EVENTS

2006 SPRING CLINICAL MEETINGS (CM.06) NATIONAL KIDNEY FOUNDATION

PLACE: CHICAGO, ILLINOIS (USA)

TIME: APRIL 19-23, 2006

A MULTIDISCIPLINARY COLLECTION OF WORKSHOPS AND COURSES FOR RENAL SOCIAL WORKERS, DIETITIANS, NURSES AND PHYSICIANS. WWW.KIDNEY.ORG

SELF-MANAGEMENT: THE KEY TO SUCCESSFUL PARTNERSHIPS BETWEEN PERSONS WITH KIDNEY DISEASE & THEIR SOCIAL WORKERS

CANSW ANNUAL CONFERENCE

PLACE: OTTAWA, ON (CANADA)

NOVOTEL HOTEL

TIME: SEPTEMBER 27-29TH, 2006

A UNIQUE OPPORTUNITY FOR CANSW MEMBERS AND OTHER RENAL HEALTH PROFESSIONALS TO MEET AND SHARE THEIR EXPERTISE, PARTICIPATE IN THE ANNUAL GENERAL MEETING AND DISCUSS ISSUES OF IMPORTANCE IN RENAL SOCIAL WORK CARE.

WWW.CANSW.ORG

2006 U.S. TRANSPLANT GAMES

PLACE: LOUISVILLE, KY (USA)

TIME: JUN 16, 2006

AN OLYMPIC-STYLE SPORTS COMPETITION FOR ORGAN-TRANSPLANT RECIPIENTS, & FEATURE RECOGNITION AND EDUCATIONAL EXPERIENCES FOR RECIPIENTS' FAMILIES, DONOR FAMILIES, LIVING DONORS, AND MEDICAL EXPERTS.

WWW.KIDNEY.ORG

WORLD TRANSPLANT CONGRESS 2006

PLACE: BOSTON, MA (USA)

TIME: JULY 21 - 28, 2006

JOINT MEETING OF THE AMERICAN SOCIETY OF TRANSPLANT SURGEONS/AMERICAN SOCIETY OF TRANSPLANTATION (ASTS/AST) AND THE TRANSPLANTATION SOCIETY.

WWW.ATCMEETING.ORG

11TH CONGRESS OF THE INTERNATIONAL SOCIETY FOR PERITONEAL DIALYSIS

PLACE: HONG KONG (ASIA)

TIME: AUGUST 25-28, 2006

WWW.ISPD2006.ORG

BRANCHING OUT: RENEW, REPLENISH, REVITALIZE ---CANNT NATIONAL SYMPOSIUM (IN CONJUNCTION WITH RENAL PHARMACISTS NETWORK)

Place: London, ON (Canada)

Time: October 26-29th, 2006

WWW.CANNT.CA

INTERNET WEBSITES

WWW.DAVITA.COM

THIS AMERICAN WEBSITE HAS HEALTH ARTICLES FOR RENAL PATIENTS, NUTRITIONAL INFORMATION AND RECIPES, ANIMATED LEARNING MODULES, TIPS FOR TEENS WITH CKD AND PARENTS OF KIDS WITH CKD, DISCUSSION FORUMS AND MORE.

WWW.KIDNEYSCHOOL.ORG

MODULES FOR SELF-LEARNING ABOUT KIDNEY DISEASE AND TREATMENT

WWW.JOHNFMARTIN.NET

A PHOTOJOURNALIST'S CHRONICLES OF HIS JOURNEY THRU KIDNEY FAILURE

WWW.HOMEDIALYSISCENTRAL.COM

A NEW WEBSITE FOR RENAL PATIENTS DIALYSING AT HOME, INCLUDING CONVENTIONAL HOME HEMO, DAILY HOME HEMO, NOCTURNAL, CAPD AND CCPD. MESSAGE BOARDS, PATIENT STORIES, E-NEWSLETTER TOO. ENCOURAGES & SUPPORTS COMPLIANCE.

WWW.NEPHNEWS.COM

AN ONLINE NEWS PAGE FROM NEPHROLOGY NEWS & ISSUES. STAY UP TO DATE ON INTERNATIONAL ISSUES RELATED TO KIDNEYS.

[HTTP://RESOURCE-DATABASE.COM/ALLRECORDS.ASP](http://RESOURCE-DATABASE.COM/ALLRECORDS.ASP)

A SOCIAL WORK ARCHIVE OF THE NKF WITH MANY GREAT LINKS-WE ALSO HAVE A LINK FROM OUR CANSW WEBSITE TO THIS RESOURCE

CHECK OUT THIS MONTH'S READER'S DIGEST (CANADA) FOR AN ARTICLE ON KIDNEY DISEASE AWARENESS AND STATS FROM KIDNEY FOUNDATION AND JANET BICK (GOVT RELATIONS KFOC). MARCH IS KIDNEY HEALTH MONTH ACROSS CANADA!

