

BESTCO – Board of Examiners in Sex Therapy & Counsellors in Ontario

A brief history:

In 1975, a group of Marriage and Family Therapists, all members of the OAMFT (The Ontario Association of Marriage and Family Therapists), in the absence of any government licensing for sex therapy, developed criteria by which sex therapists in Ontario would be deemed qualified as Certified Sex Therapists. Essential to their mandate was the premise that sex therapists need firstly to be skilled in relationship therapy.

These therapists voluntarily agreed to supervision of their clinical sex therapy practice and took written and oral examinations of their sexological knowledge and sex therapy clinical skills. Presently, our membership consists of doctors, psychologists, social workers, theologians and nurses. There are 40 Certified members and 8 Associate members from 19 Ontario cities. We meet for two days in the Spring and in the Fall. Membership continues to be voluntary and attendance at meetings is a requisite of continued membership.

Contact BESTCO

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